## FREE YOUTH CONFERENCE

Ages 13 - 19



Developing Tools to Maintain Wellness





JUNE 2, 2018 8:45 A.M. - 3 P.M.

@ 1090 BRESSON AVE.

(Boys & Girls Club Carano Facility)

This conference will address issues that are relevant to teens:

- goal-setting (vision boards) suicide prevention
- substance use prevention
- mindfulness
- yoga

- life after high school
- wellness
- much, much more!

Register here: https://bit.ly/2FhGZBH Or call the JTNN office at (775) 324-7557