- Christmas Crippler -Charity WOD and Toy Drive







December 2015

Date: Sunday, December 20 Time: 9 AM

Location: CrossFit Sierra Nevada

Local Cause: Solace Tree

Team Name*: CrossFit Sierra Nevada

* Select this Team Name when you register

12 Divisions – 2 Involve No Workout
Kids Can Participate – Family Discounts
Support a Worthy Local Cause – Have Fun
Learn more at ChristmasCrippler.com

Guaranteed to improve your chances to make Santa's Nice List.