

# GRIEF SUPPORT GROUP FOR STUDENTS



"GRIEF IS A UNIQUE  
MIXTURE OF FRAGILITY  
AND RESILIENCE."

– DAVID KESSLER

"YOUR GRIEF IS AS  
UNIQUE AS YOUR  
FINGERPRINT."

– GRIEF.COM

**Food provided!**

**Every other Thursday beginning Feb. 20  
10-11 a.m. – Counseling Center, RDMT 325**

*Grief and loss are universal experiences. Come heal through  
the power of peer support provided in a safe space.*

Benefits may include support, relief, comfort,  
understanding and a safe place to talk.

A partnership with the TMCC Counseling Center  
**[counseling.tmcc.edu](https://counseling.tmcc.edu)** and The Solace Tree **[solacetree.org/](https://solacetree.org/)**.

For information, or to make a referral, contact **Kristen DeMay**,  
Counselor, TMCC, 775-673-7060, [kdemay@tmcc.edu](mailto:kdemay@tmcc.edu)

**The College for  
the New Nevada**

